THE RECOVERY KERNEL

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*[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

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II. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

◆ [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible] [illegible] [illegible]**).	[illegible] [illegible] [illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible] [illegible]**).
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III. [illegible].

◆ [illegible]. [illegible]. [illegible] **AMPA** [illegible], [illegible] **(racetams)** [illegible]. [illegible].

Recovery Kernel (NAC, 5-MTHF, methylcobalamin, magnesium glycinate, CoQ10, DHA, UMP, tyrosine) [illegible], [illegible]. [illegible]. [illegible], [illegible] (nootropic stack), [illegible] - [illegible] AMPA [illegible], NGF/BDNF [illegible], [illegible]. [illegible].

[illegible]: [illegible]. [illegible], [illegible] (FDA) [illegible], [illegible]-[illegible]. [illegible], [illegible], [illegible] ([illegible]). [illegible]. [illegible] 50+ [illegible] - [illegible], [illegible], [illegible] - [illegible].

III.1 — [illegible] — [illegible].

[illegible], [illegible] (nucleus accumbens) [illegible] (prefrontal cortex) [illegible] AMPA/NMDA [illegible]. [illegible], [illegible] AMPA [illegible]. [illegible] (Racetams), AMPA [illegible] - [illegible] AMPA [illegible], [illegible] (glutamate) [illegible]. [illegible], [illegible].

[illegible].	[illegible].	[illegible].	[illegible], [illegible].

[illegible] - [illegible], [illegible] [illegible] [illegible].	[illegible] [illegible] 800-4800 [illegible].[illegible], 2-3 [illegible] [illegible] [illegible] [illegible].	AMPA [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] 2-3 [illegible].	[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

III.2 — [illegible] — [illegible].

[illegible], [illegible]?	[illegible]?
Noopept (N-[illegible]-L-[illegible]) [illegible], [illegible] 1000 [illegible]. [illegible]-[illegible]: 1. [illegible] AMPA [illegible] NMDA [illegible] - [illegible], [illegible]. 2. [illegible] NGF ([illegible]) [illegible] BDNF [illegible] - [illegible], [illegible]. [illegible] - [illegible], [illegible]. [illegible].	[illegible], [illegible], [illegible] (mild traumatic brain injury) [illegible]: [illegible] (PFC) [illegible], [illegible] (working memory) [illegible], [illegible] (executive function) [illegible], [illegible], [illegible]. [illegible] (noopept) [illegible] - [illegible], [illegible] - [illegible]. NGF [illegible]: NGF [illegible] (cholinergic neurons) [illegible] ([illegible], [illegible]). [illegible]. [illegible]: 10-30 [illegible].[illegible], [illegible]. [illegible]. [illegible] - [illegible]. [illegible]: [illegible] (CDP-[illegible]-[illegible]) [illegible]. [illegible]; [illegible], [illegible].

III.3 — [illegible] [illegible] [illegible] — [illegible] [illegible].

[illegible].	[illegible] [illegible] [illegible].	[illegible] [illegible] [illegible].
[illegible] - [illegible] ACTH-[illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible], [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: BDNF [illegible] NGF [illegible] ([illegible], [illegible] - [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

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III.4 - □□□□□□□ □□□□□□□□□□ - □□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□.

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	[illegible], [illegible] [illegible] [illegible], [illegible] [illegible] AMPA-[illegible] [illegible] [illegible] [illegible] [illegible].	
[illegible]-[illegible]	CDP-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible]). [illegible] [illegible] [illegible].	300-600 [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] CDP-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

III.5 — [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

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60-90 [illegible].	[illegible] [illegible]. 20-30 [illegible] [illegible]. 5 [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] 800 [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] 5 [illegible] [illegible] (BDNF [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] - [illegible]: 30 [illegible], [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
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Crisis: 988 | SAMHSA: 1-800-662-4357

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